

Maggie Mae Activity Page

Kindness Challenge

To do with family and friends

Get colorful pens and paper and write down as many kind acts as you can think of. You can add some from this list. Put them in to a bowl and pick one to do each day with your family or a friend.

Give your dog an extra walk or belly rub.

Read aloud to a friend or family member.

Bake a treat to share with a neighbor.

Donate a toy or book to help others.

Pick up litter in your neighborhood.

Take flowers to a neighbor to brighten their day.

Write a thank-you note to someone who has helped you.

Make a small surprise for someone in your house.

Take a pet toy or towels to an animal shelter.

Leave a secret note for a friend to find.

Make doggie treats for a friend's pet.

Write a cheerful message on the sidewalk with chalk.

Help someone practice something that is hard.

Help someone who feels left out.

Make a little gift to brighten a friend's day.

Decorate a rock with a kind message to leave outside.

Help a friend with a job that feels too big to do alone.

Let a friend choose the game or activity for the day.

Offer to walk or play with a neighbor's pet.

Every act of kindness is important. Do things to make the world a happier place.